



ABSTRACT SUBMISSION GUIDELINES – ESSKA SPECIALITY DAYS 2023

Please review the guidelines below carefully before commencing your abstract submission.

Important dates:

20 January 2023:	Abstract submission opens
16 April 2023 at 23:59 (CET):	Abstract submission deadline Abstracts submitted after the deadline will not be accepted
May 2023:	Reviewing and selection by the Scientific Programme Chairs
Mid-June 2023:	Notifications of acceptance/rejection

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General Guidelines

The abstract must address scientific questions, detail clinical observations, or contain primary scientific data.

Abstracts should be submitted in clear English to allow the reviewers to focus on the scientific content of the abstract. Non-English-speaking authors are encouraged to have their abstract checked for grammar and spelling.

Please ensure your abstract does not contain spelling, grammar, or scientific mistakes, as it will be reproduced exactly as submitted. Linguistic accuracy is your responsibility. No proofreading will be done. Abbreviations should be defined.

A scientific presentation cannot contain or mention a brand name or product name of the pharmaceutical industry. Should this be the case, the author will be asked to edit the title of his/her abstract.

The setup of experimental studies must be documented.

Please do not slice results from the same study into multiple abstracts. The Scientific Programme Chairs reserve the right to reject abstracts when inappropriate slicing of data is suspected. Similarly, do not submit a copy or close copy of an abstract under more than one topic. Abstracts that appear to be submitted multiple times under different topics will be rejected. If the Scientific Programme Chairs determine that the abstract should be categorised under a different category, they will do so and your abstract will not be penalised, hence the request that you only submit the abstract once.

All research and studies in submitted abstracts that involve human subjects or experimental animals must comply with the [Declaration of Helsinki](#).

In clinical studies, please state whether informed consent was obtained and whether the study was approved by a recognised medical ethics committee.

If the research included in your abstract was supported by a pharmaceutical or diagnostics company, you can indicate this when submitting your abstract.

Please indicate the funding agency of your work if applicable.

No revisions will be possible after the abstract submission deadline.



How to submit an abstract

Delegates who would like to present their work at the event, either orally or as an E-Poster, are invited to submit an abstract for consideration by the Scientific Programme Chairs.

ESSKA Members / ESSKA Section Members and Non-Members are invited to submit abstracts.

There are no fees to submit an abstract.

Abstracts can only be submitted [online](#) via the online submission system. Abstracts sent by post or e-mail will not be accepted. No exceptions will be made.

Abstracts can be saved in "Draft" status and be modified or withdrawn until the submission deadline **(16 April 2023 at 23:59)**

Edits can still be made on an already submitted abstract until the abstract submission deadline, provided the changes made are valid.

The submitted/draft abstracts cannot be edited after the submission deadline.

Abstracts deleted or remaining in draft mode after the submission deadline will not be considered.

Any technical questions regarding the submission process should be sent to:

esskasd.abstracts@abstractserver.com.

All other abstract-related questions can be sent to: esska-sd-scientific@kit-group.org.

Programme topics

Abstracts can only be submitted for one of the four ESSKA Speciality Days Programme topics —AFAS, EKA, ESA or ESMA-EHPA.

The content of the abstract must be related to one of the topics listed below to ensure the smooth scoring of papers. The topic (category) of your work must be selected during the submission process.

Submission of separate abstracts in multiple categories is allowed but the abstract must be different.

AFAS: Instability in Athlete's Foot and Ankle, Beyond the Lateral Ligaments

The abstracts can be submitted for the following categories:

- Peroneal tendon problems (acute and chronic; sports related)
- Lisfranc injuries (diagnosis/treatment; postoperative functional recovery)
- Instability (lateral and medial + subtalar instability; arthroscopic techniques)
- Syndesmosis injury (diagnosis, treatment; acute and chronic)
- Clinical case on sports related foot and ankle injuries, preferentially on the above-mentioned topics 1-4

EKA: Robotics, AI and Digital Tools in Knee Surgery

The abstracts can be submitted for the following categories:

- Osteotomy
- UKA
- TKA
- Revision TKA
- Artificial intelligence, machine learning, virtual surgery
- Knee arthritis non-surgical treatment

ESA: Innovations in Cuff Repair from Mechanical to Biological Augmentation

Abstracts for scientific projects or studies can be submitted for the following subcategories:

- Basic science
- Diagnostic methods
- Nonsurgical treatment
- Surgical treatment
- Mechanical enhancement



- Biological enhancement
- Clinical case

Additional instructions:

- Scientific work and clinical cases on rotator cuff ruptures can be presented as E-poster or Oral Presentation.
- Oral presentation of selected studies will be held in Free papers session
- Clinical case submission and presentation should include (provide images or hyperlink to a short video if possible):
 - 1. Patients characteristics
 - 2. History and clinical examination
 - 3. Diagnostic workup
 - 4. Choice of treatment
 - 5. Result
 - 6. Possible problem/complication
 - 7. Dilemmas
 - 8. What have I learned

ESMA & EHPA: Groin Pain in Athletes

The abstracts can be submitted for the following categories:

- Session 1: ACL: prevention, rehabilitation and return to play
- Session 2: Achilles rupture
- Session 3 and 4: Terminology and investigation of groin pain
- Session 5: Extra-articular Hip impingement syndromes / Muscles and tendons around the hip
- Session 6: The athlete with hip arthritis
- Session 7: Femoroacetabular impingement & acetabular dysplasia

Abstract Submission

1. Abstract Content

For standardisation, the acceptable length of the abstract is a maximum of 2,500 characters, including inserted tables and figures.

This does not include the author's details (institutes etc.) and abstract titles.

Abstract Title: Clearly indicate the nature of the investigation. The abstract title and text may not contain trade names. It should be short (maximum of 300 characters) and significant. The text must be orthographically suitable for publishing. The Scientific Programme Chairs reserve the right to replace trade names in accepted abstracts.

Abstract Text: The abstract should be as informative as possible. Abstracts should ideally use the following structured format unless specified otherwise in the **Programme topics** section above:

- ✓ **Objectives:** Outline the content or expectations of the work being presented and describe the overall goal that the research project or study is hoping to achieve.
- ✓ **Methods:** Provide sufficient information to be able to understand the experimental design, the analytical techniques, and the statistics used in the study. Please specify if the study is prospective or retrospective. Statistical procedures must be specified.
- ✓ **Results:** Provide objective data to answer the scientific question(s).
- ✓ **Conclusions:** State the conclusions of the study (that are directly supported by the results), along with implications for clinical practice, avoiding speculation and overgeneralisation.

Additionally, please refer to **Programme topics for complementary information about the content of the abstract text.*

If off-label use of drugs was involved in the study, please state this clearly.



2. Table and Figures

Figures may be submitted with a maximum file size per image of 5MB with a size of 600(w)x800(h pixel). Tables are allowed with a maximum size of 10 columns x 10 rows.

Each row of the table will be counted as 50 characters against your 2,500 characters total and an image/figure will be counted as 150 characters against your 2,500 characters total.

Your abstract may contain up to three graphics/images in total.

3. Authors and Co-Authors

The first/presenting author is responsible for ensuring that all authors have read the abstract and agreed to be co-authors.

The presenting author of the abstract must be registered for the meeting.

The submission of an abstract constitutes a formal commitment by the submitting (presenting) author to present the abstract (if accepted) in the session (time, date, appropriate session category) assigned by the Scientific Programme Chairs. Registration fees will not be waived.

A maximum of 8 authors is permitted for each abstract.

Adding co-authors: please fill out the surnames, first names, and institution, city, country, and e-mail addresses of each co-author.

4. Conflict of Interest

It is the intent of the ESSKA to provide high-quality sessions focused on educational content that is free from commercial influence or bias. Thus, the submitting/presenting author of an abstract is requested to declare any potential conflicts of interest for the presenting author during abstract submission.

5. Language Setting of Your Keyboard

The keyboard configuration of computers in non-Western countries may cause problems with the printing of the abstracts when special non-Western characters are used. To avoid these problems the language setting of your computer should be changed.

To do this select "Start," then "Settings," then "Control Panel," and then choose "Keyboard." Once in this menu, set the language of your computer to English (United Kingdom). Next, open MS Word (or the word processing software you are using) and set the font type to Arial.

In the preparation of your abstract, if you require certain special characters that are not available, (e.g. '±', '®', 'µ'), use the "insert symbol" feature (special characters). To do this, select Arial as the font (unicoded, if possible), then select the required character, and copy and paste the symbol into the text of the abstract. If a special character is still not available, describe the character, e.g. 'alpha'.

After submission & prior publication

Authors will be permitted to submit their abstract to ESSKA Speciality Days 2023 as long as the abstract has not been published at the time of submission or will not be published prior to ESSKA releasing the abstract (on the first day of the meeting).

1. Reviewing & Selection

The Scientific Programme Chairs and additional experts will review the abstracts.

Each abstract will be judged by three different experts.

The reviewers will evaluate and grade the abstracts for the quality of their scientific content.

After the reviewing, the Scientific programme chairs will select abstracts to be included in the programme based on the evaluation ranking.

Abstracts may be selected for oral presentations or for E-Posters.

Abstracts with a ranking lower than a certain threshold may be rejected.

Abstracts that show formal errors (multiple submissions or already published) will be rejected.



2. Notifications of acceptance/rejection.

The first author will be notified in June 2023, at the e-mail address provided during submission, about whether their abstract has been accepted or rejected.

Oral Presentations and E-Posters will be available digitally on [ESSKA Academy](#) after the event.

Oral Presentations: Authors of abstracts selected for oral presentation will be informed about the date and time of the session. Presentation guidelines will be communicated prior to the event and made available online.

E-Posters: E-Poster presenters will be informed about the date and time of the E-Poster exhibition. E-Poster submission links and guidelines will be communicated prior the event and made available online. E-Posters will be organised within the exhibition using the topics chosen during abstract submission.

3. Withdrawal Policy

If authors wish to withdraw their abstracts from presentation or publication, they are requested to notify ESSKA via e-mail to esska-sd-scientific@kit-group.org. Withdrawn abstracts will neither be presented nor published.