

KEY FACTS

DATE 8-9 November 2019
CITY / COUNTRY Madrid, Spain
VENUE Hotel Meliá Castilla Calle del Poeta Joan Maragall, 43 28020 Madrid Spain

IMPORTANT DATES

ESSKA Speciality Days 2019 8-9 November 2019
Abstract Submission Opens January 2019
Registration/Accommodation Booking Opens January 2019
Abstract Submission Deadline 3 June 2019
Closing of Online Registration 5 November 2019

REGISTRATION FEES: 4 in 1 + free access to ESSKA Academy!

Register for the programme of your Speciality and get free entrance to three more focused meetings during ESSKA Speciality Days! The scientific content of the ESSKA Speciality Days will be available for all the delegates on the Academy for free.

Spanish VAT at 21% is included in the prices.	Early Bird Until 30 August 2019			Standard 31 August – 1 October 2019		
	ESSKA Section Member	ESSKA Member	Non-Member	ESSKA Section Member	ESSKA Member	Non-Member
Senior MD	295 €	350 €	495 €	355 €	410 €	555 €
Residents, Fellows, Physiotherapists, Coaches, Non-Physicians, Scientists	185 €	240 €	385 €	220 €	275 €	420 €
Students	50 €	50 €	50 €	50 €	50 €	50 €

Spanish VAT at 21% is included in the prices.	Late 2 October – 7 November 2019			Onsite 8 November 2019		
	ESSKA Section Member	ESSKA Member	Non-Member	ESSKA Section Member	ESSKA Member	Non-Member
Senior MD	395 €	450 €	595 €	474 €	529 €	674 €
Residents, Fellows, Physiotherapists, Coaches, Non-Physicians, Scientists	245 €	300 €	445 €	294 €	349 €	494 €
Students	50 €	50 €	50 €	50 €	50 €	50 €

ABOUT AFAS

- The AFAS Section of ESSKA is creating a European pool of expertise, which aims to:
- create the best environment for research
 - ensure that discoveries and best-techniques are disseminated
 - improve the profile of sports-related ankle and foot practitioners
 - enforce professional standards, thus ensuring the best care for patients with sports-related ankle and foot injuries

CONTACT INFORMATION

ESSKA CORPORATE RELATIONS

Zhanna Kovalchuk EXECUTIVE DIRECTOR
Rik Bollaert EXHIBITION AND SPONSORSHIP SALES
ESSKA Executive Office Luxembourg Phone: +33 645 24 44 42 Email: bollaert.rik@esska.org

ESSKA SPECIALITY DAYS 2019
EXHIBITION AND SPONSORSHIP

Elena Baggetta EXHIBITION AND SPONSORSHIP QUESTIONS AND LOGISTICS
Post-Sales c/o K.I.T. Group GmbH Association & Conference Management Phone: +49 30 24603 318 Email: esska-sd-industry@kit-group.org K.I.T. Group is a Medtech Europe Trusted Partner

ESSKA SOCIETY AND
MEMBERSHIP INFORMATION

Delphine Briy, Amanda Olsson MEMBERSHIP INFORMATION
ESSKA Executive Office Luxembourg Phone: +352 4411 7015 Email: membership@esska.org

ESSKA SPECIALITY DAYS 2019
MEETING MANAGER

Jenny Ennis ESSKA SPECIALITY DAYS GENERAL INQUIRIES
ESSKA Executive Office Luxembourg Phone: +44 7380 8931 61 Email: ennis.jenny@esska.org

SECRETARIAT

ESSKA SPECIALITY DAYS 2019
c/o K.I.T. Group GmbH Phone: +49 30 24603 332 Email: esska-sd@kit-group.org

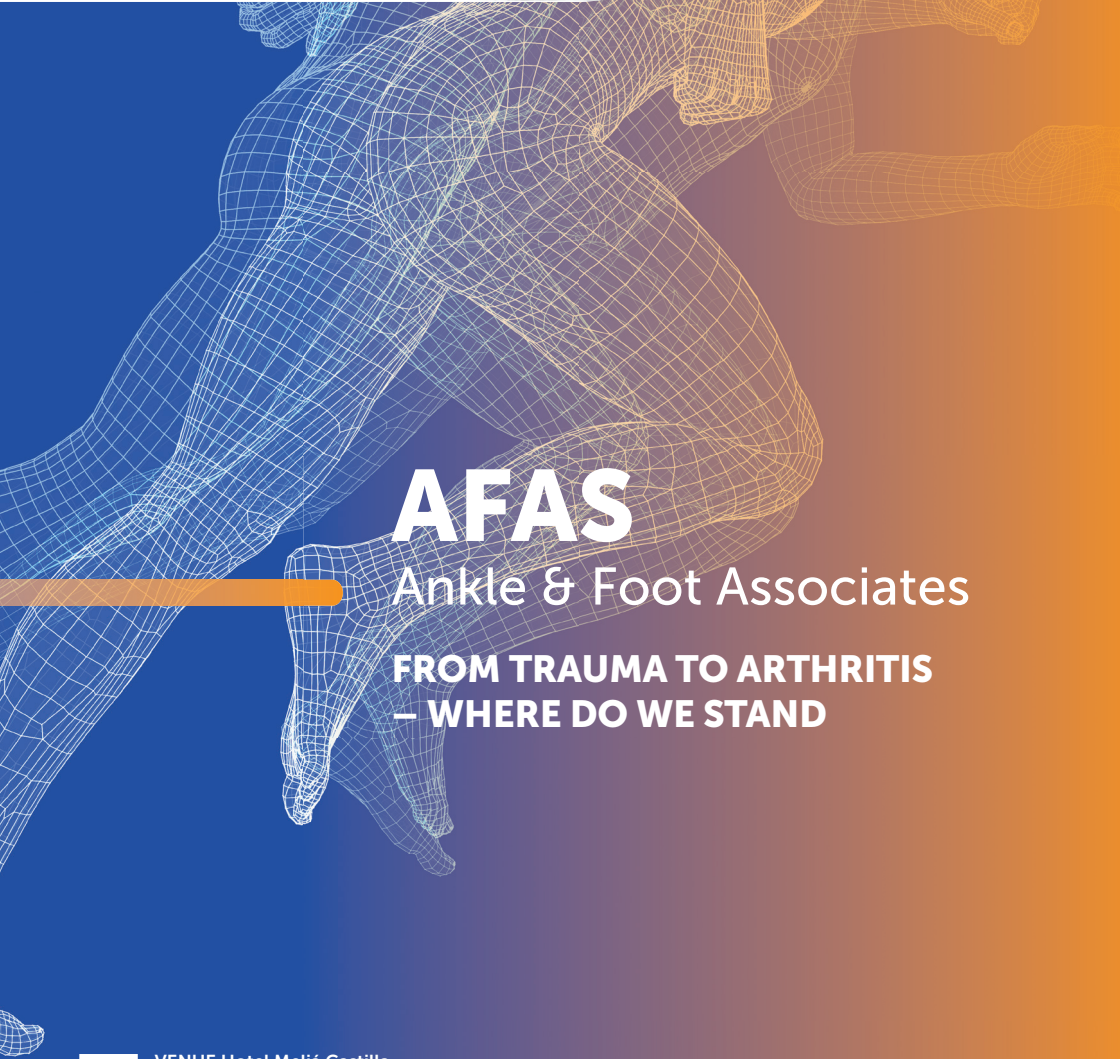
REGISTRATION

ESSKA SPECIALITY DAYS 2019 REGISTRATION TEAM
c/o K.I.T. Group GmbH Phone: +49 30 24603 0 Email: esska-sd-registration@kit-group.org



SPECIALITY
DAYS 2019

8-9 NOVEMBER
MADRID, SPAIN



VENUE Hotel Meliá Castilla
Calle del Poeta Joan Maragall, 43
28020 Madrid – Spain

esska-specialitydays.org

WELCOME

Dear Colleagues and Friends,

I am delighted to invite you to take part in “ESSKA Speciality Days”, a brand-new meeting concept that will take place in the enchanting city of Madrid on 8-9 November 2019.

This exciting new format will bring together the four specialist Sections of ESSKA (AFAS – Ankle and Foot Associates, EKA – European Knee Associates, ESA - European Shoulder Associates and ESMA – European Sports Medicine Associates) and will offer a ‘best of both worlds’ scenario: There will be a distinct scientific programme for each of the four Sections offering the best quality specialised science that our Society has to offer with the added bonus that all networking areas will be shared and the Industry exhibition will be zoned according to specialist fields, yet all in the same hall. We believe that these ingredients will create the perfect recipe for both delegates and Industry to experience a highly specialised and top-class scientific meeting yet with the unique opportunity of having access to and interaction with all delegates and companies across the four Sections of ESSKA.

In keeping with the ethos of interaction, we are proud to introduce the new ‘hot topic’ debates that will be held during lunch and coffee breaks, bringing together experts from supporting companies and ESSKA Sections. Fast, fun and educational these debates are sure to create a vibrant buzz for participants and companies alike.

We look forward to welcoming you to Madrid and we count on your support in accompanying ESSKA on our journey towards excellence.

Kind regards,



David Dejour
ESSKA President



WELCOME FROM AFAS

Dear Colleagues and Friends,

Welcome to the AFAS Speciality Day Meeting in Madrid!

We have put together an intense scientific programme with short lectures from a panel of international experts invited especially to promote and provoke debate. The scientific committee has also included sessions specifically requested by AFAS members as subjects that would be most useful to cover during this meeting. We also have a ‘Scientific Fight’ – the ‘Hot Topic Debate’ over lunchtime on the first day where 2 experts will debate a topic and the audience will give the verdict as to who wins and who is sacrificed!

We very much look forward to seeing you in Madrid.

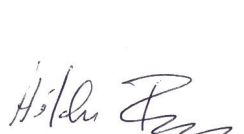
Kind regards,



James Calder
Section Chair, Scientific Chair
UNITED KINGDOM



Daniël Haverkamp
Scientific Chair
THE NETHERLANDS



Hélder Pereira
Scientific Chair
PORTUGAL



8 NOVEMBER 2019

08:00–08:30 Welcome Coffee

08:30–10:00 Biologics

BMAC/PRP - The Case For
L. Schon (UNITED STATES)

BMAC/PRP - The Case Against
A. Younger (CANADA)

Scaffold/Hydrogels
H. Pereira (PORTUGAL)

Stem Cells
J. Calder (UNITED KINGDOM)

10:00–10:45 Coffee Break / Hot
Topic Debates

10:45–11:45 ESSKA-AFAS
summary of ICCRA consensus
on the treatment of paediatric
talar OCLs - best treatments and
future technologies

Terminology and Summary
E. Hurley (IRELAND)

Paediatric Cartilage Lesions
L. Schon (UNITED STATES)

Tibial plafond OCL
C. van Bergen (UNITED KINGDOM)

11:45–12:45 Free Papers

12:45–14:15 Lunch Break / Hot
Topic Debates

14:15–15:00 ESSKA-AFAS
summary of ICCRA consensus
on the treatment of paediatric
talar OCLs - best treatments and
future technologies

OCL with ankle instability
C. Pearce (UNITED KINGDOM)

Early ankle arthritis treatment
A. Younger (CANADA)

Discussion & Cases

15:00–15:45 Free Papers

15:45–16:30 Coffee Break / Hot
Topic Debates

16:30–18:00 Syndemosis Injuries

Optimising diagnosis
J. Calder (UNITED KINGDOM)

Management of the acute injury
C. Pearce (UNITED KINGDOM)

Management of the chronic injury
A. Younger (CANADA)

How to deal with the deltoid
injury
D. Haverkamp (THE NETHERLANDS)

Discussion & cases

18:00–19:00 Networking
Reception

9 NOVEMBER 2019

08:30–09:00 Welcome Coffee

09:00–10:00 Optimal treatment of end
stage arthritis in the young and active
population

Calc or tibial osteomies, which work?
A. Younger (CANADA)

Is fusion career ending?
H. Pereira (PORTUGAL)

Is replacement an option?
A. Kynsburg (AUSTRIA)

Discussion

10:00–10:45 Free papers

10:45–11:15 Spanish Breakfast Break

11:15–12:00 Sharing the “Take Home
Messages” of Each Section

12:00–13:00 Section Members’ Meeting

AFAS Scientific Chairs
James Calder (UNITED KINGDOM)
Hélder Pereira (PORTUGAL)
Daniël Haverkamp (THE NETHERLANDS)